

# Q&A

## After your eyelid surgery

**What do I do the night of my eyelid operation?**

You should leave the eye-pad on your eye overnight. If it becomes very irritating, you can remove the pad but it is important not to sleep on that side of your face.

You should not have any pain other than mild discomfort, for which you can take Paracetamol. If the pain is not controlled by this, please call the clinic on Phone 4121 0850.

**When do I take the eye-pad off?**

Unless instructed, you can take off your eye-pad the day after your surgery.

**When do I start putting on my eye ointment or drops?**

You can start putting the eye ointment 2 times a day once you have taken off your eye-pad, the day after your surgery.

Usually you will be given:

**Chlorsig eye ointment**

Put it both on the wound and into your eye.

**How long do I take the ointment for?**

Keep putting this on 2 times a day until your post-operative visit 1 week after your operation

**Do I need to stop any of my existing medications after the operation?**

Unless you specifically instructed to do so, you should not stop any of your usual medications. You do not have to stop and alter your usual eye-drops.

**When can I start my aspirin/ warfarin again?**

You can start taking aspirin or warfarin or other blood-thinning medications straight after your operation

**What can I do after my operation?**

You can do normal "light" activities such as walking around, shopping, watching television and reading. It is alright to rinse your face under the shower but you should keep your eye closed.

**What should I not do after the operation?**

For at least 2 weeks, you should not do anything too vigorous, you should not do any heavy lifting, you should avoid bending your head down low, and you should not rub your eyes. You should not swim in a swimming pool for several weeks. Please ask the staff if you have any questions regarding what you should and should not do.

If you work, you should aim to have at least one week off work, and more if you have a physically demanding job.

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**What should my vision be like after the operation?**

Your vision should not be affected by your operation though you may experience some blurring associated with the eye ointment.

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**When can I drive again?**

You should not drive until you have been told it is safe to do so by the surgeon.

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**What should my eye feel like?**

Most patients will feel some mild discomfort after their operation. This should be controlled by regular Paracetamol.

A number of patients will feel some grittiness in their eye for several weeks after their operation.

Anything more than mild discomfort should be reported immediately.

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**My eye is very swollen and bruised?**

To reduce swelling and bruising we advise you put ice (or frozen peas) in a tea towel over the operation site for about 10 minutes every hour (while you are awake) for the first 2 days after the operation. However if there is associated PAIN, REDNESS or DECREASED VISION or ANY CONCERN AT ALL, you must call the surgery on 4121 0850.

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**What symptoms should I be worried about?**

Symptoms which warrant immediate phone assistance are:

1. **PAIN**

2. **DECREASED VISION**

3. **REDNESS** other than that associated with the anaesthetic.

4. **STICKINESS/DISCHARGE**

You should call if you have any concerns.

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**When do I have to visit the doctor after my operation?**

We will organise a visit usually about a week after the operation.

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**Are there any other visits?**

Yes, you will usually have to see your surgeon again 4 weeks after your operation to make sure everything is settling down as it should.

You will also be asked to see your surgeon about three months after your operation.

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